

# Sant Gadge Baba Amravati University, Amravati

Scheme of Teaching, learning, Examination and Evaluation leading to the Degree of M.P.Ed. (four semester)

## P.G Scheme

### Theory & Practical Syllabus

Sr. No	Paper	Title of Paper	Teaching & Learning Scheme						Examination Evaluation & Assessment Scheme							
			Hours of instruction per week			Credits			Theory				Practical			
			Theory + SEM	Practical	Total	Theory	Practical	Total	Duration in Hrs	Max. Marks		Minimum passing grade Points	Duration in Hrs	Max. Marks		Minimum passing grade Points
						Theory + MCQ	SEM	Practical		Internal						
I	<b>SEM I P-1 MPCC 101</b>	DSC-1 Research Methodology in Physical Education & Sports	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-
	<b>P-2 MPCC 102</b>	DSC-2 Physiology of Exercise	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-
	<b>P-3 MPCC 103</b>	DSC-3 Yogic Science	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-
	<b>P-4 MPCC 104</b>	DSC-4 Test, Measurement & Evaluation in Physical Education	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-
1	<b>MPPC-101</b>	Track & Field (Track event performance) <b>(Any Two)</b> 1. Running Events – 2. 100 Mts./200 Mts./400 Mts./800 Mts. Run 3. Hurdles/ Relayrace	-	4	4	-	2	2	4	-	-	-	-	70	30	2

		4. Long DistanceRunning Walking events														
	<b>MPPC-102</b>	<b>Specialization In IndigenousGames:</b>  1. Kabaddi 2. Kho-kho 3. Malkhamb(AnyOne)	-	4	4	-	2	2	4	-	-	-	-	70	30	2
	<b>MPPC-103</b>	<b>Yoga</b> 1. Asana 2. Suryanamaskar 3. Kriya*/Pranayama*/Aerobics*/Mudra*/Bandha* (*AnyOne)	-	6	6	-	3	3	6	-	-	-	-	70	30	3
	<b>MPPC-104</b>	<b>Teaching/Coaching LessonAthletics (Track Event)</b>  5 Lessons (4 Internal and 1 External)	-	6	6	-	3	3	6	-	-	-	-	70	30	3
	<b>SEM II</b>															
	<b>P-1 MPCC 201</b>	<b>DSC- 1</b> Applied Statistics in Physical Education	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-
	<b>P-2 MPCC 202</b>	<b>DSC- 2</b> Sports Biomechanics & Kinesiology	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-
	<b>P-3 MPCC</b>	<b>DSC- 3</b> ICT in Physical Education	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-

	<b>203</b>															
	<b>P-4 MPCC 204</b>	<b>DSC- 4</b> Management in Physical Education and Sports	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-
	<b>MPPC- 201</b>	<b>Track &amp; Field (Field Event Performance)</b> <b>1.</b> Jumping Events (High Jump/Long Jump/TripleJump) <b>2.</b> Throwing Events (Shot- put/Discuss/ Javelin/HammerThr ow) <b>(Any One fromEach Group)</b>	-	4	4	-	2	2	4	-	-	-	-	70	30	2
	<b>MPPC- 202</b>	<b>Team GamesSpecializatio n (Any One Game)</b> <b>ForeignGames:</b> Volleyball, Base Ball, Basketball, Football, Handball, Hockey, Cricket, Soft Ball.	-	4	4	-	2	2	4	-	-	-	-	70	30	2
	<b>MPPC- 203</b>	Practical (ICT)	-	6	6	-	3	3	6	-	-	-	-	70	30	3
	<b>MPPC- 204</b>	<b>Teaching/ Coaching LessonAthletics (Field Event) 5</b> Lessons(4 Internal and 1 External)	-	6	6	-	3	3	6	-	-	-	-	70	30	3
	<b>SEM III</b>															
	<b>P-1 MPCC-</b>	<b>DSC- 1</b> Scientific Principles of Sports Training	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-

	<b>301</b>															
	<b>P-2 MPCC- 302</b>	<b>DSC- 2</b> Sports Medicine & Rehabilitation	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-
	<b>P-3 MPCC- 303</b>	<b>DSC-3:</b> Health Education and Sports Nutrition	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-
	<b>P-4 MPEC 301 MPEC- 302 MPEC- 303</b>	<b>DSE-I (Any One)</b> 1. Sports Engineering  2. Physical Fitness and Wellness  3. Sports Technology	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-
	<b>MPPC- 301</b>	<b>Individual Game Specialization:</b> Badminton, Archery, Table Tennis, Lawn Tennis, Judo, Karate, Boxing, Wrestling, Swimming.	-	4	4	-	2	2	4	-	-	-	-	70	30	2
	<b>MPPC- 302</b>	<b>Internship</b>	-	4	4	-	2	2	4	-	-	-	-	70	30	2
	<b>MPPC- 303</b>	<b>ClassroomTeachin gLesson</b> Lesson on theory of differentIndigenous Activity and Yoga. 5 Lessons <b>(4 Internal and 1 External)</b>	-	6	6	-	3	3	6	-	-	-	-	70	30	3
	<b>MPPC- 304</b>	<b>Coaching Lesson</b> Indigenous Activity and Yoga. 5 Lessons (4	-	6	6	-	3	3	6	-	-	-	-	70	30	3

		Internal, lExternal)														
	<b>SEM IV</b>															
	<b>P-1 MPCC 401</b>	<b>DSC- 1</b> Athletic Care and Remedialtherapies	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-
	<b>P-2 MPCC- 402</b>	<b>DSC- 2</b> Sports Psychology	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-
	<b>P-3 MPCC 403</b>	<b>DSC3-</b> Research Project	4	-	4	4	-	4	4	60+10	30	4	4	-	-	-
	<b>P-4 MPEC 401  MPEC 402  MPEC 403</b>	<b>DSE I (Any One)</b>  1. Value & Environmental Education  2. Educational Technology in Physical Education  3. Sports Journalism and Mass media	4	-	4	4	-	4	4	70	30	4	4	-	-	-
	<b>MPCC- 401</b>	<b>LaboratoryPractic al</b> 1. SportsPsycholog y 2. Physiology ofExercise 3. Sports Biomechanicsand Kinesiology <b>(TwoPractical for</b>	-	4	4	-	2	2	4	-	-	-	-	70	30	2

		eachsubjects)														
	<b>MPPC-402</b>	<b>Project Practical (Management and Organization)</b> Seminar, Conference, Debate, Class Formation, Flag hosting, Tournament, Play day, Exhibition, Demonstration, Clinic, Time table, Picnic, Tour. <b>(Note Book of Any Five and Conduct any one for Examination)</b>	-	4	4	-	2	2	4	-	-	-	-	70	30	2
	<b>MPPC-403</b>	<b>Coaching Lesson</b> Foreign Game. 5 Lessons <b>(4 Internal and 1 External)</b>	-	6	6	-	3	3	6	-	-	-	-	70	30	3
	<b>MPPC-404</b>	<b>Class Room Teaching Lesson</b> Lesson on theory of different Foreign games and sports. 5 Lessons (4 Internal and 1 External)	-	6	6	-	3	3	6	-	-	-	-	70	30	3